

OrthoTrain

Das Diagnostik - & Trainingszentrum

Friedrichstr. 94
10117 Berlin

Telefon: 030 / 4000 4668

DocOrtho



Die Bewegungsprofis

Patient Information

OrthoTrain is open:

from monday til friday from 8:00 a.m. to 8:00 p.m

Our reception is available from 7:00 a.m. to 9:00 p.m.

For your appointment you will need:

- sports clothes or **comfortable clothes** and sports shoes/socks
- a **towel**
- please, plan approx. **1 hour** for your appointment (testing and evaluation of the results)
- for **isokinetic- test at the ankle** joint **sports shoes** are necessarily (please no ankle shoes)
- for electromyography (**EMG**) you will need
 - a short pants
 - and hair free skin on the thigh for adhesion electrodes

Your agreed appointment: _____

Sep 2016