

Information for treadmill - gait analysis

Dear Patient,

Walking and running are complex movements involving the whole body. Improper loading, as a result of injury, surgery or even wrong shoes can cause disturbances of these processes and in consequence lead to degenerative changes of the musculoskeletal system. The treadmill analysis makes the early detection of such problems possible.

As you walk and run on the treadmill, your movements are recorded on video and measured using sensors.

To offer you a meaningful analysis please notice the following details for your appointment:

- Clothes:**
- short and tight pants (unicoloured if possible)
 - tight shirt
 - clean daily life shoes or
 - running / sport shoes, if the pain occurs during running / sports activity

Time and effort:

- the analysis starts on the hour and will take approximately 60 minutes
- punctuality would be appreciated: After the practical part of your analysis we would like to give you a detailed view and explanation to your results.

OrthoTrain opening hours:

Monday to Friday 8:00 a.m. - 8:00 p.m.

Our reception is available from 7:00 a.m. – 9:00 p.m.

Your Appointment: _____